

CLOTHING SIZING CHART

Size	S (cm/inch)	M (cm/inch)	L (cm/inch)	XL (cm/inch)	XXL (cm/inch)	XXXL (cm/inch)
Chest	up to 94/up to 37	96-102/38-40	104-109/41-43	112-117/44-46	120-125/47-49	137-132/50-52
Waist	76/30	81-86/32-34	86-91/34-36	91-97/36-38	99-102/38-40	101-107/40-42
Inside Leg (crotch to ankle)	76-79/30-31	79-81/31-32	81-84/32-33	84-86/33-34	84-86/33-34	86-89/34-35

Sizes are intended as a guide only.

HOW TO MEASURE

A Chest: Measure evenly around the fullest part of your chest under your arms.

B Waist: Around your natural waistline, or where you actually wear your pants.

C Inside leg: Measure from crotch to ankle bone.

